

SquashRocs – Theory Test

Name: _____

Date: _____

1) Complete the following saying:

The player _____, wins.

2) Explain how this saying should influence your shot selection, when you are:

a) behind your opponent: _____

b) in front of your opponent: _____

3) A 'higher' shot will give you more: _____

4) What is the relationship between your court position (relative to the 'T') when making your shot, and the style of shot you might choose to play:

5) When playing a cross-court shot, what is the chance of it being a 'good' shot (getting past your opponent) ?

6) Thinking about Q1, Q3 and Q5, playing a cross-court shot from the back of the court is:

a) risky

b) never to be tried

c) a good choice

Answer: _____

7) Thinking of the physics of the game (a ball bouncing around inside a box), when the ball hits a side wall, this causes the ball to:

8) the definition of the 'perfect' shot is: