

OFF THE WALL
SQUASH

PASSIONATE ABOUT DEVELOPING SQUASH

Endorsed by:



Dear Coach / Teacher

Off The Wall Squash Junior Progress Awards

The team at Off The Wall Squash Community Interest Company (OTWS) are delighted to be able to provide you with our Junior Progress Awards pack.

The OTWS Junior Progress Awards are six skill-based awards for young players to help with their development whilst providing you, the coach or teacher with a package that can add value to your junior squash activity by providing additional activity for you to deliver.

The OTWS Progress Awards have been developed by our coaching and development team to provide a logical step by step package that will help your young players learn, practice and be consistent in a range of on court activities. We believe these awards should be a regular part of a successful junior section and offer excellent links from school-based activity into squash club activity. Levels 1 and 2 can be delivered in both schools and squash clubs, providing a seamless link for those offering school-club link activity.

Once your students have undertaken an award there are certificates for successful students (silicone wristbands in development and to follow). These can be obtained from OTWS for a small fee.

This coach/teachers pack provides all the information you need to deliver the OTWS Progress Awards, with clear and easy to follow skills and guidance notes.

As a community interest company our aim is to provide an increase in participation and develop physical activity, predominantly through squash.

Should you have any questions, please contact us on 01206 736924 or karen@offthewallsquash.co.uk

Enjoy the Progress Awards!
The Off The Wall Squash Team

“ The Progress Awards are a fantastic concept. As a junior squash player I thoroughly enjoyed the different skills challenges we had at the time and trying to move up to the next level. Skills such as general hand-eye coordination, balance and awareness that I learnt, translated across a number of sports and provided a great platform to build upon. ”

Daryl Selby
Commonwealth Games Bronze Medallist,
England N°4 & World Highest Ranking N°9

For more information, please visit:
www.offthewallsquash.co.uk/progress-awards